

Notice if something changes or has gone wrong



STOP
Make yourself safe, and get help from a leader or safe adult

If something feels risky, unsafe, or just doesn't feel right - **stop**. Don't rush or panic. Make yourself safe and talk to a leader or another trusted adult.

THINK
Do I feel comfortable and safe?

Take a moment to check in with yourself and your leaders and **think** about the situation:

- What might go wrong?
- How serious could it be?
- What's the safest choice right now?
- Do I feel comfortable and safe?

GO
Enjoy the activity and stay safe!

Now **go** and choose what to do next:

- **Carry on**, enjoy the activity and stay safe
- or, **Change** what you're doing to keep it safe
- or, **Stop**, move away, and ask for further help
- and **Keep** checking that it stays safe

REPORT

Remember, you might need to **report** what happened either locally or to UK Headquarters.

- Follow the Purple Card – What to do in an emergency, or
- The Yellow Card: Safeguarding – Code of Practice for Adults to report



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NOTICE

- Something feels wrong, unsafe, or confusing.
- Trust your feelings.



STOP

- Pause, take time.
- Don't rush or carry on.
- Keep yourself and others safe.



TALK

- Tell a leader or another trusted adult.
- You are not in trouble, flagging a problem is a positive action.
- Your leaders are here to help.



THINK

- With a leader/adult, ask:
- What help do we need?
 - What could go wrong?
 - What is the safest thing to do next?



GO

- Choose what happens next:
- **Carry on**, enjoy the activity and stay safe
 - or, **Change** what you're doing to keep it safe
 - or, **Stop**, move away, and ask for further help
 - and **Keep** checking that it stays safe



REPORT

- Remember, you might need to report what happened either locally or to UK Headquarters.
- Follow the Purple Card – What to do in an emergency to report, or,
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