

Scenario: Facilitator Quick Guide Notes

Purpose

- Simple, memorable framework to help young people respond safely when something unexpected happens.
- Builds awareness, understanding, communication, and judgement through practice, not lectures.
- Scenarios are facilitated discussions, not tests or quizzes.



Pause before reacting

- Stop. Don't rush, don't panic.
- Make yourself safe first.
- Acting immediately or running to find an adult is understandable – but pause and think first.
- Key message to reinforce: If no adult were right next to you, what would you do?

Facilitator focus

- Prevent jumping straight to action.
- Highlight what not to do in the first moments (e.g. don't confront, don't investigate, don't try to fix everything immediately).



Analyse the situation

- What has changed? What might go wrong?
- How serious is it?
- What are the options?
- Think about consequences, not just first instincts.

Facilitator focus

- Give this stage time – it's where most learning happens.
- Explore misunderstandings or faulty assumptions.
- Encourage different viewpoints and healthy disagreement.



Decide what to do

- Carry on
- Change what you're doing
- Stop
- Keep checking

Key messages

- "Stop and ask for help" is always a valid GO option.
- Agree on what you would actually do, not just list options.

Facilitator focus

- Move from theory to action: If this happened tomorrow, what would you do first?
- Reinforce practical decision-making and confidence to act.



Close the loop

- Reporting is a positive action, not getting someone in trouble.
- It helps resolve situations and improves safety for everyone.
- Routes to report
- Purple Card – emergencies
- Yellow Card – safeguarding concerns

Facilitator focus

- Clarify who to tell, what to record, and what happens next