



Challenge Award Log Book

_____ Challenge Award

Name:

Started:

Finished:

Step 1: Decide your Challenge

Before completing your challenge award, decide what you want your challenge to be.

Step 2: Complete your Challenge

Discover

Learn more about your chosen challenge or topic. Some questions to get you started are:

- What do you want to discover?
- What questions do you have before starting your challenge?

Experience

Take part in an experience as part of your challenge

Mobilise

Do something to help others as part of your challenge – this could be something big or small (all actions make a difference)

Solve

Apply problem solving skills to an activity as part of your challenge – this could be a byproduct of the challenge or part of the challenge itself.

Create

Flex your creative muscles as part of your challenge and create something that you or someone else could use going forwards.

Step 3: Reflect

Reflect on your challenge award and what skills you developed. Some questions you could ask yourself are:

- Did you get where you thought you would?
- What skills did you actually use?
- What did you find easier than expected?
- What stretched you?
- Would you do this again?

Use this space to write a brief reflection on your challenge. You could also choose to present your challenge to your peers or discuss your challenge with a leader or mentor instead.