England Rugby

WE PLAY RUGBY

Scouts



rugby





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Welcome to our fresh activity pack full of fantastic rugby games and activities to help us keep moving and build new skills. Thank you to England Rugby for their partnership with Cubs and Scouts!

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See this symbol? That means there's a website link!



What you'll need to know

Our activities

The activities are broken down into three key areas:

1. **Make your mark.** Choose at least one of the activities.
2. **Skill phase.** Bring T1 Rugby to life through fun games.
3. **Path ahead.** Link to local club, do the physical activity badge.



How to order badges

Our England Rugby activities are suited to all sections. You don't need many resources to complete them, either. For activities in the skill phase, you'll need enough space for your section to safely move around.

Cubs Physical Recreation Activity Badge



Cubs My Skills Challenge Award



Cubs Teamwork Challenge Award



Scouts Physical Recreation Activity Badge



Scouts Teamwork Challenge Award





Part one: Make your mark

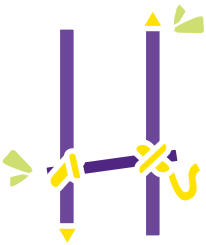
Design a rugby shirt

Unleash your inner kit designer and create your own rugby shirt. It could be bold and classic, or wild and wacky. Think about colours, team logos and what makes a shirt stand out on the pitch. Will yours be a fan favourite?



Create your own 'H post' pitch

Make your own 'H' posts using whatever materials you have to hand, try and score a conversion – kick a ball through the posts above the crossbar.



Host a watch party

Rugby and your favourite snacks – the perfect match! Plan a watch party for a rugby game. Decorate your space, prep some tasty food that everyone can enjoy and invite friends or family to join. Remember to show your support with posters, face paint and big cheers.



Create a rugby fan poster

Make a vibrant, eye-catching poster to support your favourite team or player. Use bold slogans, cool graphics, or fun drawings to show your team spirit and rally the crowd.



Design your own game using a rugby ball

Get active and inventive. Can you come up with a brand new game using a rugby ball? It could be a team challenge, an obstacle course, or a skill-based activity. Set the rules, test it out with friends and see if your game becomes the next big thing at Scouts.







Part two: Skill phase

It's time to dive into the action! Get your body moving, practise your skills and learn about England Rugby Values (TREDS) with some fun and energetic activities.

Start with some fun games to build your rugby skills and confidence:

Stuck in the Mud

An active team game where runners dodge taggers and free teammates to avoid getting stuck in the mud.

End Ball

Play this great team game and get your rugby ball to the try zone without dropping the ball.

Rip Ball/ Restart Rugby

Keep the ball alive and attack with speed! Fast restarts and working together will help your team stay on the front foot.

Kicking Triangles

Pass, move and kick your way into space! Quick decisions and solid teamwork are needed in this game.

Now you've learnt to kick, pass and defend, why not put it all together in a game of T1 Rugby?

Try T1 Rugby

Pass, run and support your teammates as you work together to score a try. Quick thinking and smart attacking play will help you succeed!

All of these games are underpinned by the England Rugby Values (TREDS):

Teamwork	Respect	Enjoyment	Discipline	Sportsmanship



Part three: The path ahead

You've tackled the challenge, but what's next? Here's some exciting opportunities for your sections to keep their rugby adventures going.

Twin with your local rugby club

Are you a Cub or a Scout? Take your rugby journey forward with the Physical activity badge.

Why not try a game of T1 Rugby? Here's a video to support you with introducing and progressing T1 Rugby with your section.

Doing the King's Scout Award or Duke of Edinburgh's (DofE) Award? Find volunteer opportunities at your local club.

Want to find a local team? Play and watch a game.

Share your stories

@RedRosesRugby

@EnglandRugby

@Scouts

@communityrugby

#RugbyScouts



Share your stories with us!

We’d love to see the fun you’re having.

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@Scouts
@communityrugby