

Zoom session – Blended approach (2.75 hours)

Version 3 - May 2025

- All supporting resources are available here: <https://bit.ly/blendedfirstresponse>

Time	Activity	Resources
Prior to course	E-learning needs to be completed prior to course, they can download a certificate or you can email first.aid@hampshirescouts.org.uk to check.	https://hampshire-scouts.thinkific.com/courses/firstresponse
Set up	PowerPoint - ensure you have the latest version and at least two tutors have access in case of technical issues. Polls - Create a poll on Teams or Zoom with the following options: (Quiz) Multiple Choice - A, B or C and (Walking debate) True, Partly True, Middle (could be true or false), Partly False & False. You could also use Menti or other software if you prefer. Breakout rooms - ensure you are familiar with the use of Breakout rooms in teams and zoom as this is used in the activities.	https://bit.ly/blendedfirstresponse for latest powerpoint
00:00 5 mins	- Introduce tutors - Go through content of slides 2-4 covering webinar, aims & completion of first response - Take register (and check again at the end)	PowerPoint slides 1-4
00:05 45 mins	Quiz - Go through the 20 questions, use polling function where there are A, B & C options and chat function for open questions. - Go through answers as per PowerPoint slides - see notes for further guidance.	PowerPoint slides 5 - 40
00:50 25 mins	Scenario - Split group into an even amount of break out rooms (around 6 in a group). - Odd rooms do scenario 1 & even rooms scenario 2 - Read out scenarios and either ask members to take a screenshot or share the PowerPoint to the break out room. - Give groups 10 mins to discuss and then choose someone to feedback, give 2 min warning. - Go through answers, you could choose a break out room to feedback on before, during and after depending on number of rooms used.	PowerPoint slides 41-48
01:15	Break (10 mins)	PowerPoint slides 49
01:25 25 mins	Walking debate - Explain that this activity is to promote discussion and there is a continuum of answers. - Ask each question and get responses via the poll; get people to explain why they have chosen their answer (true/false/middle)	PowerPoint slide 50-59

01:50 20 mins	Medical conditions - Split into five break out rooms, giving each a scenario (either ask them to screen shot or share the PowerPoint to the breakout room) - Get them to discuss (5 mins) key points on the treatment and feedback (15 mins). They can also note down any questions they have as a group. - Heart attack - Stroke - Diabetes - Anaphylaxis - Asthma	PowerPoint slides 60-62
02:20 10 mins	Extremes of Temperature - Explain that a symptom will appear on the screen and they need to identify if it is heat exhaustion, hypothermia or both. - You could use the chat to ask people to respond - H = hot, C = cold and B = both or you could use a poll - Run through the treatment for Heat exhaustion and Hypothermia - you could use the chat for suggestions <i>This is additional to the first response syllabus so can be omitted if time does not allow.</i>	PowerPoint slides - 63-65
02:30 10 mins	Minor Injuries Run through the list of minor conditions discussing the treatment for each - use notes for guidance <i>This is additional to the first response syllabus so can be omitted if time does not allow.</i>	PowerPoint slides - 66-67
02:40 5 mins	Finish and next steps - Thank people for taking part - Ask if there are any questions - Take register (if not done so at beginning) - Remind people of next steps to complete 10B Post course - Issue certificate to participants who have completed e-learning and zoom session.	PowerPoint slides - 68-70

Any questions please email mike.baxter@scouts.org.uk or firstaid@scouts.org.uk for further guidance