

# Supporting the British Red Cross

## Simple actions save lives.

Would you know what to do in a first aid emergency? We can help you learn the simple skills that could save a life.

You can learn and teach first aid skills, encourage people to download our first aid apps, or raise awareness about the bystander effect. Check out [scouts.org.uk/brcactivities](https://scouts.org.uk/brcactivities) and [redcross.org.uk/firstaid](https://redcross.org.uk/firstaid)

## Find out about and support our work

We have a network of Scout speakers to spread the word about our work. Young people can raise awareness of our services, help collect essential items for our service users or put together signposting information. Email [scouts@redcross.org.uk](mailto:scouts@redcross.org.uk) to see if we can provide a speaker in your area or for more information on how you can help.

## Fundraising and events

Get active. Go fundraising. Have fun. There are many ways you can help raise money for people in crisis.

There are loads of options for eager fundraisers. You could run your own event, get stuck into a challenge event, host a tea party, or organise a red show walk. You can find ideas at [tiny.cc/bigredpack](https://tiny.cc/bigredpack) or email [getfundraising@redcross.org.uk](mailto:getfundraising@redcross.org.uk)



## Donating items to our charity shops

Your kind donations help us raise funds for people in the UK and across the world. Donating to our charity shops also reduces waste and helps the environment. If you've got some time to spare, you could volunteer in our shops or set up your own pop up shop. Find out more at [www.redcross.org.uk/shop](https://www.redcross.org.uk/shop)