## Wellbeing Champions challenge – badge links

The Wellbeing Champions challenge helps young people to achieve stage one of The Great Indoors Badge and can help them work towards a number of other badges and awards. Below, we’ve mapped each activity to the badge requirement(s) it meets.

**Beavers**

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| **Challenge** | **The Great Indoors Badge link** | **Additional badge links** |
| One | Social action | Beavers could explore and take action around mental health for their Community Impact Staged Activity Badge. |
| Two | Practical | Beavers could do this for requirement four of their Cook Activity Badge.  This could also be a great chance to explore healthy eating as part of requirement two of their My Skills Challenge Award. |
| Three | Spiritual | If they’ve learned a new song, that’s requirement four of their My Skills Challenge Award sorted too! They could even do a performance for the people they live with (or at an online meeting) for requirement one of their Creative Activity Badge. |
| Four | Creative | By doing this challenge, Beavers will have ticked off requirement four of their Creative Activity Badge. |
| Five | International | By doing this challenge, Beavers will have completed requirement one of their International Actvity Badge. It could count towards requirement seven of their My World Challenge Award too. |
| Six | Community engagement | Beavers could explore and take action around mental health for their Community Impact Staged Activity Badge. |
| Seven | Physical | This is a great way for Beavers to think about keeping their body fit and healthy as part of their My Skills Challenge Award. They could work towards their Health and Fitness Activity Badge with agility activities like hula hooping or skipping. |
| Eight | Outdoors | Beavers can spend time spotting wildlife for requirement five of their My Outdoors Challenge Award. |
| Nine | Nights away | Nights Away Staged Activity Badge. |

**Cubs**

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| **Challenge** | **The Great Indoors Badge link** | **Additional badge links** |
| One | Social action | Cubs could explore and take action around mental health for their Community Impact Staged Activity Badge. |
| Two | Practical | By doing this challenge, Cubs will have ticked off requirement four of their Chef Activity Badge.  This challenge could also tie in with parts of the Our Skills Challenge Award. |
| Three | Spiritual | This would be a great way to start exploring a faith or culture for the Our World Challenge Award |
| Four | Creative | Cubs could design and build their own box for requirement one (h) of their Artist Activity Badge. It could also be one of the creative things they try for their Our Skills Challenge Award |
| Five | International | Cubs could do this as part of their International Activity Badge |
| Six | Community engagement | Cubs could explore and take action around mental health for their Community Impact Staged Activity Badge. |
| Seven | Physical | This could help Cubs work towards their Our Skills Challenge Award |
| Eight | Outdoors | Cubs can take it further by working towards their Naturalist Activity Badge. |
| Nine | Nights away | Nights Away Staged Activity Badge. |

**Scouts**

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| **Challenge** | **The Great Indoors Badge link** | **Additional badge links** |
| One | Social action | Scouts could use their conversations about how the pandemic is affecting their local community for requirement one of their Community Impact Staged Activity Badge. |
| Two | Practical | By doing this challenge, Scouts will have ticked off requirments one and four of their chef activity badge.  This challenge could also tie in with parts of the Skills Challenge Award. |
| Three | Spiritual | N/A |
| Four | Creative | Scouts could take their crafting skills to the next level and spend more time on this as part of their Craft Activity Badge. |
| Five | International | By doing this challenge, Scouts will have ticked off requirement two of their International Activity Badge. |
| Six | Community engagement | Scouts could use this opportunity to explore an international issue for their World Challenge Award. They could find out what people are doing to support mental health across the world. |
| Seven | Physical | If Scouts keep up their physical activity for four to six weeks, that’s a requirement of their Skills Challenge Award ticked off too. |
| Eight | Outdoors | Scouts could do this as part of their Photographer Activity Badge. |
| Nine | Nights away | Nights Away Staged Activity Badge. |

**Explorers**

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| **Challenge** | **The Great Indoors Badge link** | **Additional badge links** |
| One | Social action | Explorers could use their conversations about how the pandemic is affecting their local community for requirement one of their Community Impact Staged Activity Badge. |
| Two | Practical | If they enjoyed cooking, they could think about doing it for the skill section of one of the top awards.  Alternatively, they could get baking some sweet treats for their Chef Activity Badge. |
| Three | Spiritual | N/A |
| Four | Creative | N/A |
| Five | International | By doing this challenge, Explorers will have ticked off requirement one (a) of their International Activity Badge. |
| Six | Community engagement | Explorers could use explore and take action around mental health for their Community Impact Staged Activity Badge. |
| Seven | Physical | N/A |
| Eight | Outdoors | N/A |
| Nine | Nights away | Nights Away Staged Activity Badge. |