Script for leaders

Follow along with the video session for 'Sofa so good'.



Explain what you're doing today, give everyone a bit of background information, and make sure they have what they need. You could say something like:

In this activity, we're going to try something new and put our practical skills to the test by making a handy tray for the arm of a sofa. It's the perfect thing to hold drinks, snacks, or just the remote.

Before you get started, you'll need a tape measure, a pencil, a ruler, some wood, a wood saw, some wood glue, and some sandpaper. You'll also need an adult to supervise and make sure everyone stays safe.

Tell everyone how to get the measurements they need for their tray. You could say something like:

Firstly, measure the width of the arm of your sofa and write it down. Measure the thickness of your piece of wood, double it, and add it to the width of the arm of your sofa.

Explain that everyone needs to draw a rectangle with two sides the measurement they worked out. You could say something like:

Draw a rectangle on your piece of wood. Two opposite sides should be the measurement you just worked out, so it fits perfectly onto the arm of your sofa. The length of the other two sides is up to you. It should be big enough to hold your remote and snacks, but make sure it's not longer than the arm of your sofa.

Tell everyone to mark two more rectangles that will fit onto the edges of the top of their tray. You could say something like:

Use the pencil to mark two more rectangles – they should be the same length as the top of the tray and about five centimetres wide.

Talk everyone through safely cutting their rectangles out. You could say something like:

Place the wood on a flat, sturdy surface and carefully cut all three rectangles out. Once you've finished, smooth the edges with sandpaper.

Explain how to glue the sofa tray together. We found it helpful to draw some lines so you know where to apply the glue. You could say something like:

Put the top of the tray face down onto a flat surface. Take one of the sides, hold it in place, and draw a line. Repeat on the other side. This will show you where to apply the wood glue – cover where the sides were: the area between the pencil lines and the edge of the wood.

Put the side pieces back into position and pop something heavy on top until they dry: The person in the video's using some paper, but a big book or a heavy pair of shoes would work too.

Once everything's dry, remove your weights and use the sandpaper to clean up any excess glue. And you're done! All that's left to do now is decorate your tray however you like.

Help everyone reflect on what they've learned. You'll find some tips on the activity page.