

# First aid matching cards



The answers are next to each other, so make sure you shuffle the cards!

<b>Someone's wheezing and finding it difficult to breathe.</b>	<b>Help them to take their asthma inhaler.</b>
<b>Blood's flowing from a wound (and it's too big for a plaster).</b>	<b>Put pressure on the wound.</b>
<b>Someone's in pain and has bruising or swelling after a fall or blow.</b>	<b>Keep the injury still and supported.</b>

<b>Someone has redness and pain after touching something hot.</b>	<b>Cool the burn for at least twenty minutes.</b>
<b>Someone doesn't respond but they're breathing.</b>	<b>Move them onto their side with their head tilted back.</b>
<b>Someone's clutching their throat and they can't cough or breathe.</b>	<b>Give them back blows.</b>

In partnership with

