

Water usage

Use this sheet to work out how much water we use over a week.



Activity	Number of times done or minutes it takes	Water used (litres)	Total amount of water used per activity (litres)
EXAMPLE	10 times	15l per activity	10 times x 15l = 150l
Flush the loo (number of times)		11l per flush	
Run the dishwasher (number of times)		13 l per cycle	
Taken a bath (number of times)		80l per full bath	
Take a shower (minutes lasted)		18l per min	
Run the washing machine (number of times)		130l per cycle	
Wash your hands (number of times)		18l per minute	
Brush your teeth (number of times)		0.5l or 18l per minute if you leave the tap on while you brush your teeth	
Wash the dishes by hand (number of times)		12l per bowl	
Use a hose pipe (number of times)		18l per minute	
Watering can (number of times)		Depends on size of watering can	
Have a drink (number of times)		0.5l	
	Total used in the week:		

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