

# How to help - Quiz

Statement	Answer
1. 112 is an emergency service number like 999.	True – 112 is an international emergency number so works in many countries, as well as in the UK. Dialling this number will put you through to local emergency services.
2. The coastguards can be called on 999 or 112.	True – coastguards are part of the emergency services, so can be called on 999 or 112.
3. Coastguards can help you if you are inland.	False – coastguards are based near the coast (the sea), so will not be able to help if you aren't near the sea. If you call an emergency number, they will put you through to the police, fire service or ambulance instead.
4. Lifeguards will only help you if you are in the sea.	False – lifeguards might be at any places that water activities happen, such as in the sea, swimming pools, lake or rivers.
5. If you see someone struggling in the water, you should jump in to save them.	False – never put yourself in danger. Always call for help.

<p>6. You should never call 999 or 112 for a joke or when there's no emergency.</p>	<p>True – fake emergency calls waste the emergency service's time and could put another person, who really needs help, in danger.</p>
<p>7. If you call 999 or 112, you should tell the operator as much information as you can.</p>	<p>True – try to remain calm and give the operator as much information about where you are and what has happened as you can, so they know how best they can help you.</p>
<p>8. Your friend's dog was running along the edge of a canal and falls in the water. You and your friend should climb in to save it.</p>	<p>False – never put yourself in danger. Call for help and remember: dogs can swim, so can usually manage to get themselves out of trouble.</p>
<p>9. If you see someone in the water who needs help, it's OK to throw them a life ring.</p>	<p>True – life rings are normally attached to a wall or post, so the wall will hold the person's weight. Once you've thrown the ring, call an adult, lifeguard or 999/112 so they can help bring them back to land.</p>
<p>10. If you see someone in the water who needs help, it's OK to throw them a piece of rope and pull them in to the shore.</p>	<p>False – unless the rope is tied to something solid, you should not try pulling someone back to land. There's a good chance you'll be dragged into the water too.</p>