



# Horse riding skills checklist

Your instructor or leader can fill in and sign this form when you've completed the requirements.

Challenges	Date	Instructor's comments
They can point at the main parts of a saddle and bridle.		
They have learned to approach a pony or horse correctly.		
They have learned to mount and dismount a horse safely.		
They can show the correct way to sit in the saddle.		
They can show how to hold the reins correctly.		
They can show how to walk and trot safely in an enclosed area, without a leading rein.		
They can show that they can do two of these skills:		
• walking without stirrups		
• walking on a loose rein and shortening the reins		
• riding up and down a hill at walking pace		
• cantering		
• riding over a single pole or very small fence.		

**Signed:**

**Date:**