

A game of Dodgeball

Time needed
30 minutes

Equipment needed

- access to a large open space (indoors or outdoors)
- 6 soft balls
- masking tape/chalk
- whistle (optional)

Top Tip!

- For a fun way to split the Colony into two teams, assign each Beaver a fruit on the next page. If possible, have an equal amount of fruit which needs to be peeled and fruit which doesn't need to be peeled.
- Ask them to run to opposite sides of the room if they think it is a fruit that is peeled or not peeled, before it can be eaten.

Instructions

1. Explain that the aim of the game is to 'knock out' all members of the other team by hitting them with the ball anywhere below the shoulders. The first team to knock out all of their opponents wins.
2. Split the Beaver Colony into two teams.
3. Lay down four parallel lines of masking tape across the room, or draw the lines across an outdoor space with chalk, as in the diagram below.
4. These lines will help you to map out the court. Mark out the 'central zone' in the middle of the court – this should not be entered during the game. At the back of the court place the 'return lines', where each team should stand behind to begin each game.
5. Explain the rules of the game (demonstrating with a ball if possible):
 - Each team should start the game by standing behind their return lines.
 - Allocate each side of the centre to a team.
 - Split the balls between the two teams, placing three balls on one side of the centre, and three on the other.
 - When you say go (or blow the whistle), Beavers should run to collect their balls.
 - Once they have collected their balls, Beavers should run back to behind the return line to make their first throw.
 - Once they have made their first throw, Beavers can run and throw from anywhere on the court, apart from the central zone.
 - Beavers should leave the court if a ball thrown from the other team has hit them. They can only go back onto the court if a ball thrown by the other team has been caught by a member of their team (first out, first in).
 - Once all members of one team have been knocked out, the game is over.
 - You can play as many rounds as time allows, mixing up the groups each time.

