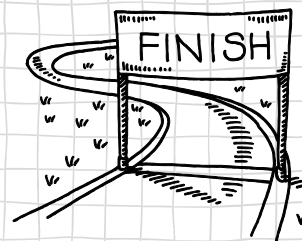




MUD GLORIOUS MUD!

The muddier the walk, the better! But what about the damage the dirt is doing to your beloved walking boots? Now you can keep your boots in better shape with our 10 steps to spruced-up shoes

10 STEPS TO CLEAN MUCKY BOOTS



1

Complete the muddiest walk you can and get your young people to notice how dry the boots keep their feet.

MESS
RATING

2

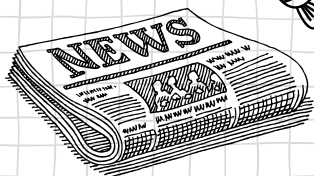
**Suitable
for all**

Boot-cleaning kit

- soft-bristle brush
- soft cloth
- Nikwax Footwear Cleaning Gel (optional)
- Nikwax Proofer
- newspaper

2

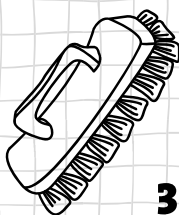
Lay pieces of old newspaper down to protect the surfaces.

**4**

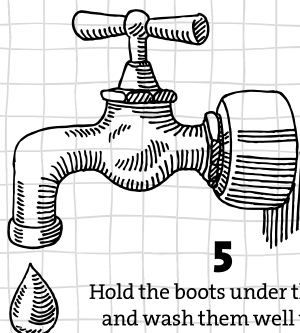
Remove the laces and inner soles.

**3**

Brush off any caked-on mud and dirt from the boots.

**5**

Hold the boots under the tap and wash them well with warm running water. Clean them with suds or a footwear cleaning gel, like Nikwax.

**6**

Scrub away dirt with a soft bristle brush.

**7**

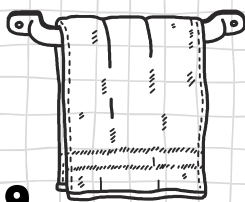
Rinse away the lather.

**8**

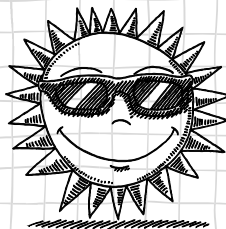
Waterproof boots with a product like Nikwax Proofer. Make sure you get the proofer all over the outside of the boot, especially along the stitches.

9

Wait a few minutes then buff with a soft towel or cloth.

**10**

Stuff with newspaper and leave to dry naturally at room temperature – don't dry in direct heat.



TIME NEEDED

20 minutes

BADGE



GO Outdoors partners the Hikes Away and Nights Away Staged Activity Badges

PARTNER



OUTCOMES

Your Group will learn to take responsibility for their kit and understand the importance of looking after essential items like walking boots. Enjoying a muddy walk is a fun exercise and reminds young people why caring for kit properly is an important part of hiking.

TAKING IT FURTHER

Look at how to care for other hiking equipment, eg clothing. What's the best way to care for clothing and how do you waterproof it? Discuss the best way to waterproof items in a rucksack or how to care for a tent.

MORE INFORMATION

To find out more about GO Outdoors, visit scouts.org.uk/gooutdoors.

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