

Tracker and feedback

Up your game by recording your attempts at different athletics.



A shot in the arm

Attempt 1		Attempt 3	
Attempt 2		Attempt 4	
Feedback and tips			

Ashes bash

Attempt 1		Attempt 3	
Attempt 2		Attempt 4	
Feedback and tips			

Track-attack ____m

Attempt 1		Attempt 3	
Attempt 2		Attempt 4	
Feedback and tips			

Track-attack ____m

Attempt 1		Attempt 3	
Attempt 2		Attempt 4	
Feedback and tips			

Long leap

Attempt 1		Attempt 3	
Attempt 2		Attempt 4	
Feedback and tips			

Sargent jump

Attempt 1		Attempt 3	
Attempt 2		Attempt 4	
Feedback and tips			