

# Supporting the British Red Cross

## Simple actions save lives.

Would you know what to do in a first aid emergency? We can help you learn the simple skills that could save a life.

You can learn first aid skills and teach others, encourage people to download our first aid apps, or raise awareness about the bystander effect. Look at the First Aid 'Plan/Take Action' activity and [www.redcross.org.uk/firstaid](http://www.redcross.org.uk/firstaid)

## Find out about & support our work

We have a network of Scout Speakers, email [scouts@redcross.org.uk](mailto:scouts@redcross.org.uk) to see if we can provide a speaker in your area. Young people can raise awareness of our services, help us collect essential items such as hygiene packs or clothing for our service users or put together signposting information for our teams. Email us for more information.

## Fundraising and events

Get active. Go fundraising. Have fun. There are many ways you can help raise money for people in crisis.

Run your own fundraising event, undertake a challenge event, host a tea party, organise a Red Show walk.... Find some ideas at [www.tiny.cc/bigredpack](http://www.tiny.cc/bigredpack). Find out more at [www.redcross.org.uk](http://www.redcross.org.uk) or email [getfundraising@redcross.org.uk](mailto:getfundraising@redcross.org.uk).



## Donating items to our charity shops

Your kind donations help us raise funds for people in the UK and across the world. Donating to our charity shops reduces waste and helps the environment. You can also volunteer in our shops or set up your own pop up shop. Find out more at [www.redcross.org.uk/shop](http://www.redcross.org.uk/shop).