

# **Supporting the British Red Cross**

#### Find out about & support our work

We have a network of Scout Speakers, email <a href="mailto:scouts@redcross.org.uk">scouts@redcross.org.uk</a> to see if we can provide a speaker in your area. Young people can raise awareness of our services, help us collect essential items such as hygiene packs or clothing for our service users or put together signposting information for our teams. Young people aged 15+ can join the British Red Cross as a Scout Speaker volunteer, giving talks to local groups and attending Scouting events to support our work. Email us for more information.

## Simple actions save lives.

Would you know what to do in a first aid emergency? We can help you learn the simple skills that could save a life.

You can learn first aid skills and teach others, encourage people to download our first aid apps, or raise awareness about the bystander effect. Look at the First Aid 'Plan/Take Action' activity and

www.redcross.org.uk/firstaid

#### **Fundraising and events**

Get active. Go fundraising. Have fun. There are many ways you can help raise money for people in crisis.

Run your own fundraising event, undertake a challenge event, host a tea party, organise a Red Show walk.... Find some ideas at www.tiny.cc/bigredpack. Find out more at www.redcross.org.uk or email getfundraising@redcross.org.uk.



#EveryRefugeeMatters - join our community of refugee champions.

Join our **#EveryRefugeeMatters** Facebook group, run a **refugee workshop** using our education resources. take part in **Miles for Refugees** or run a **Foodie Fest** to try out international cooking and raise money.

Find out more at www.redcross.org.uk/refugees.



#### **Volunteer with the British Red Cross**

Volunteer with us and get back a whole lot more than you give. Meet new people, gain new skills and help your community.





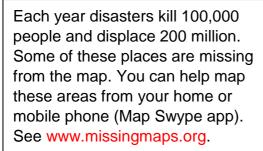
We want to give you the opportunity to connect your kindness with those who need it most. Whether you choose to help refugees, help people who are lonely, help find missing families, volunteer in a shop, support people in an emergency or raise awareness of our work as a **Scout Speaker** – your gift of time will help others.

We accept volunteers from the age of 15, depending on the role. Find out more and apply online at www.redcross.org.uk/volunteer or email scouts@redcross.org.uk.

### Donating items to our charity shops

Your kind donations help us raise funds for people in the UK and across the world. Donating to our charity shops reduces waste and helps the environment. You can also volunteer in our shops or set up your own pop up shop. Find out more at <a href="https://www.redcross.org.uk/shop">www.redcross.org.uk/shop</a>.







We provide a safe space for young people attending festivals and events – as well as on university campuses. This peer to peer services supports young people attending if they are worried or lonely. These could be set up for larger Scout events too.