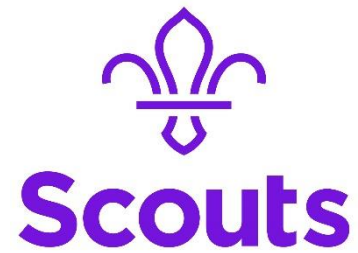# Project ideas

- Create an 'ICE' (in case of emergency) card (or complete the information on your mobile phone) then encourage other people to do the same and explain why it's important.

- Make a poster, leaflet, advice card or video to raise awareness of how people can prepare for emergencies. Share it on social media.

- Encourage people to prepare a grab bag in case of emergencies and teach them what to put inside.

- Tell people all about UK Power Networks' 'priority services register', and encourage people who are eligible to register to get extra support if there's a power cut. The register's helps all sorts of people, including those who are old or young, are disabled, or have illnesses. If the link above doesn't work for your area, your energy supplier will be able to help.

- Raise awareness of the Red Cross' 'Five tips to plan for an emergency' and encourage people to download their Emergency app.

- Encourage adults to sign up to be Community Reserve Volunteers with the Red Cross. They can make a difference during major emergenices near them.

- Work with local charities to collect warm clothes for people who may need them. It's best to do this before winter.

- Run a session to teach another group about preparing for an emergency. Make sure you plan something that works for their age.

- Work with the council to find ways your group could support the community during an emergency.

- Help the people you live with to check smoke alarms and plan an emergency escape route.

- Invite a member of the Red Cross to talk about how they respond in emergencies and how they can help. To get in touch and ask for a visitor, email scouts@redcross.org.uk.

In partnership with

BritishRedCross