

# Supporting the British Red Cross

## Simple actions save lives.

Would you know what to do in a first aid emergency? We can help you learn the simple skills that could save a life.

You can learn first aid skills and teach others, encourage people to download our first aid apps, raise awareness about the bystander effect or support our #DontStopat999 campaign.

[www.redcross.org.uk/firstaid](http://www.redcross.org.uk/firstaid)

## Fundraising and events

Get active. Go fundraising. Have fun. There are many ways you can help raise money for people in crisis.

Run your own fundraising event, undertake a challenge event, host a tea party, organise a Red Show walk.... Find some ideas at [www.tiny.cc/bigredpack](http://www.tiny.cc/bigredpack). Find out more at [www.redcross.org.uk](http://www.redcross.org.uk) or email [getfundraising@redcross.org.uk](mailto:getfundraising@redcross.org.uk)



#EveryRefugeeMatters – join our community of refugee champions.

Join our **#EveryRefugeeMatters** Facebook group, run a **refugee workshop** using our education resources. take part in **Miles for Refugees** or run a **Foodie Fest** to try out international cooking and raise money. Find out more at [www.redcross.org.uk/refugees](http://www.redcross.org.uk/refugees).

# Volunteer with the British Red Cross

Volunteer with us and get back a whole lot more than you give.  
Meet new people, gain new skills and help your community.



We want to give you the opportunity to connect your kindness with those who need it most. Whether you choose to help refugees, help people who are lonely, help find missing families, volunteer in a shop or support people in an emergency – there are lots of UK based opportunities.



We accept volunteers from the age of 15, depending on the role. Find out more and apply online at [www.redcross.org.uk/volunteer](http://www.redcross.org.uk/volunteer) or email [scouts@redcross.org.uk](mailto:scouts@redcross.org.uk)

## Donating items to our charity shops

Your kind donations help us raise funds for people in the UK and across the world. Donating to our charity shops reduces waste and helps the environment. You can also volunteer in our shops or set up your own pop up shop. Find out more at [www.redcross.org.uk/shop](http://www.redcross.org.uk/shop).

## Supporting our services

Young people can raise awareness of our services, help us collect essential items such as hygiene packs or clothing for our service users or put together signposting information for our teams. To find out how you can help in your local area email [scouts@redcross.org.uk](mailto:scouts@redcross.org.uk).



Each year disasters kill 100,000 people and displace 200 million. Some of these places are missing from the map. You can help map these areas from your home or mobile phone.  
[www.missingmaps.org](http://www.missingmaps.org).



We provide a safe space for young people attending festivals and events – as well as on university campuses. This peer to peer services supports young people attending if they are worried or lonely.