

# Barriers and solutions

Cut out each card, and then cut the cards in half, so one card has the 'barrier', and the other, the 'solution'.



Possible barriers	Possible solutions
Someone else will stop and help.	When one person helps others will usually stop and help too.
I might do the wrong thing.	It is better to stop and do something. When you call 999 for help they will talk you through what to do – you are not alone. You can also learn first aid and download the first aid app.
I might get sued if I do it wrong.	This is not likely to happen – the Social Action, Responsibility and Heroism act protects people.

<p>I will not have the necessary equipment to respond.</p>	<p>You can improvise, for example using a jumper to stop bleeding.</p>
<p>They might be drunk and/or hurt me.</p>	<p>Enlist the help of those around you or just call 999. There are several medical conditions which look like someone is 'drunk'.</p>
<p>I don't like the sign of blood or there is a risk of infection.</p>	<p>Ask other people to help you or give the casualty something and ask them to press down on the wound.</p>
<p>I feel like the situation is dangerous.</p>	<p>If you are worried about yourself – find an adult who can support you or call 999.</p>