



Astronaut pudding

Equipment

- Zip lock bags
- Measuring spoons
- Scissors
- Paper drinking straws

Ingredients

- Instant whip
- Powdered milk
- Water

Method

- Take a zip lock bag and open it.
- Add one tablespoon plus two teaspoons of dry instant whip powder. Why not experiment with different flavours of instant whip?
- Next, add one tablespoon plus two teaspoons of powdered milk. These measurements reflect how portions of pudding mixture would be packaged on a space craft like the International Space Station.
- Then add eight tablespoons of water and firmly seal the bag shut.
- Double check the seal is closed, then squish and mix together the pudding mixture until the ingredients are blended together.
- Put the bag of pudding mixture on a table, and leave to set for about 5-10 minutes.
- After 5-10 minutes, turn the bag upside down and using a pair of scissors carefully cut a corner of the bag to create a small opening.
- Pop a paper straw into the bag through the small opening and enjoy your Astronaut pudding.