

Emergency scenario cards



Cut these out and use them to explore different types of emergencies.

Bleeding

On a walk through your neighborhood with friends, you find a man lying on the ground under a ladder. He is obviously in pain and has a deep cut on his arm.

Questions to think about:

- What do you think has happened to the man?
- Is there anyone else on the ladder?
- Is the ladder safe, or is it likely to fall over?
- Is it safe to approach? What sort of dangers must you look for (for example, electrical wires or tree limbs)?
- What can you do to help the man?
- Who do you need to contact?
- The man is bleeding, so what do we need to do?
- If he's fallen off the ladder, what else could have happened? Should we try and move him?

Unconscious

On a hike in very hot weather, you come across a man who looks to be sleeping. You notice that he isn't really lying in a normal sleeping position, and that his head is bleeding from a nasty cut.

Questions to think about:

- If the person isn't responding to sound or touch, is he likely to be conscious or unconscious?
- What do you need to tell the people on the phone when you call 999?
- If the person is unconscious, it's very serious, but you can still help. What position should we put the person in until help arrives?
- If the person's head is still bleeding, should we leave it alone?
- Should you leave the person on their own?

Asthma

After participating in a run, your friend starts wheezing. Within minutes, he is breathing rapidly and coughing uncontrollably. His chest feels tight, and he's finding it difficult to speak. He pulls an inhaler from his pocket. What do you think is going on?

Questions to think about:

- What do you think is happening to your friend?
- Do you think your friend should sit down?
- If you think your friend is having an asthma attack (or you know that they've had one before), what questions should you be asking them?
- Your friend could be scared or panicking. What could you do to help them until more help arrives?
- If it gets worse, or doesn't stop after a long time, what should you do?

Burns and scalds

You're playing in your bedroom when you hear a loud shout from downstairs. You run down to the kitchen and see that an adult has knocked a saucepan off the cooker and badly burnt their arm. It looks very sore and it's starting to blister.

Questions to think about:

- Should you put ice on the burn?
- Do you think the person will find it easy to stand still? Have you tried standing still for a whole 20 minutes? It's a very long time.
- How big is the burn? Is it bigger than the patient's hand?
- What can you use to cover the burn to stop it getting infected?