

### **Travelling Home Alone**

You've missed your usual bus after an evening activity. The next bus isn't for 45 minutes and your phone battery is on 5%.

#### **Discuss:**

- What are the possible risks?
- What warning signs should you notice?
- What are safer choices?
- How could a friend help?

### **A Lift From Someone You Barely Know**

A friend of a friend offers you a lift home after an event. You've met them once before, but don't really know them.

#### **Discuss:**

- What risks might there be?
- What information would help you decide?
- What safer alternatives are available?
- How could you check in with others?

### **Location Sharing**

You regularly share your live location with several people through a social media app. One of those people is someone you no longer talk to very much.

#### **Discuss:**

- What risks come with location sharing?
- What warning signs should you be aware of?
- When is sharing your location helpful?
- What changes could you make?

### **Online Competition Scam**

You receive a message saying you've won a £500 gift card. To claim it, you need to click a link and enter your details.

#### **Discuss:**

- What makes this suspicious?
- How could you check if it's genuine?
- What personal information should you protect?
- How could you help someone avoid this scam?

### **Fake Social Media Profile**

You receive a friend request from someone who seems to attend a nearby school. Their profile has very few photos and no mutual friends.

#### **Discuss:**

- What are the warning signs?
- What could happen if the account isn't genuine?
- How can you stay safe online?
- When should you report or block an account?

### **Pressure to Join In**

You're with friends who want to enter an abandoned building to explore. Everyone else seems excited and encourages you to come along.

#### **Discuss:**

- What risks are involved?
- Why can peer pressure be difficult to resist?
- What could you say if you're uncomfortable?
- How can friends support each other's decisions?

### **Looking After a Friend**

At a public event, your friend seems upset and says they don't feel safe around someone who keeps following them.

#### **Discuss:**

- What should you do first?
- How could you support your friend?
- When should you involve an adult or security staff?
- What actions might make the situation safer?

### **Meeting an Online Friend**

You've been chatting with someone online for several months. They seem friendly and suggest meeting in person.

#### **Discuss:**

- What risks should you consider?
- What safety steps should be taken before meeting?
- Why is it important to tell someone?
- When might it be best not to meet?

### **Lost in an Unfamiliar Place**

While out in a town you don't know well, you realise you've become separated from your group and your phone has no signal.

#### **Discuss:**

- What should you do first?
- Who could you ask for help?
- What actions could make things worse?
- How can you prepare for situations like this?

### **Sharing Personal Information**

A website asks for your full name, address, date of birth and phone number to access a free offer.

#### **Discuss:**

- What information is safe to share?
- What should make you cautious?
- How can you check if a website is trustworthy?
- What might happen if information falls into the wrong hands?

### **Group Chat Problem**

A group chat starts making fun of someone who isn't in the conversation. The messages become increasingly unkind.

#### **Discuss:**

- What risks are there for everyone involved?
- What could you do if you're uncomfortable?
- How could you support the person being targeted?
- When should an adult be told?

### **Emergency Situation**

You're walking home when you see someone fall from their bicycle and appear injured. There are no adults nearby.

#### **Discuss:**

- What should you do first?
- When should emergency services be called?
- How can you help without putting yourself at risk?
- What information would responders need?

**Discussion Prompts**  
**STOP, THINK, ACT**

- 1.What is the risk?
- 2.What are the warning signs?
- 3.What are your safest options?
- 4.Who could help?
- 5.How could you help someone else?

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