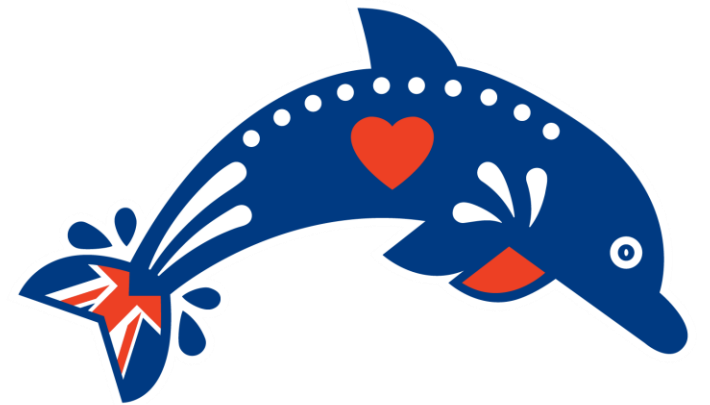


Session 4.1: Personal Development (PP)




World Scout
Moot
 Portugal 
2025

Journey Surveys



What we will cover in this session:

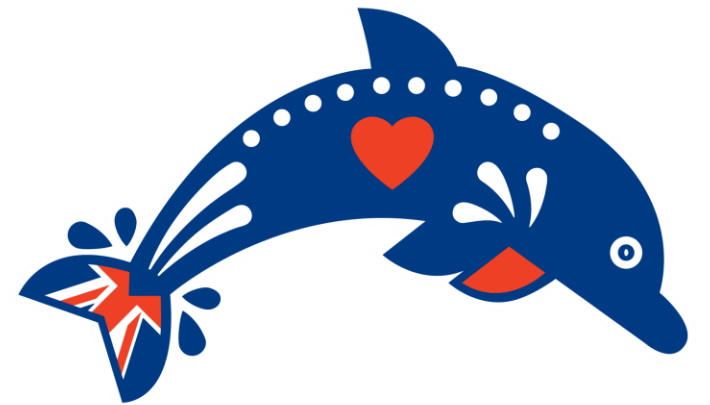
- Your journey to the MOOT
- Personal development over the journey
- Top Awards
- Self reflection



Your journey to the MOOT so far

In pairs/small groups, please discuss:

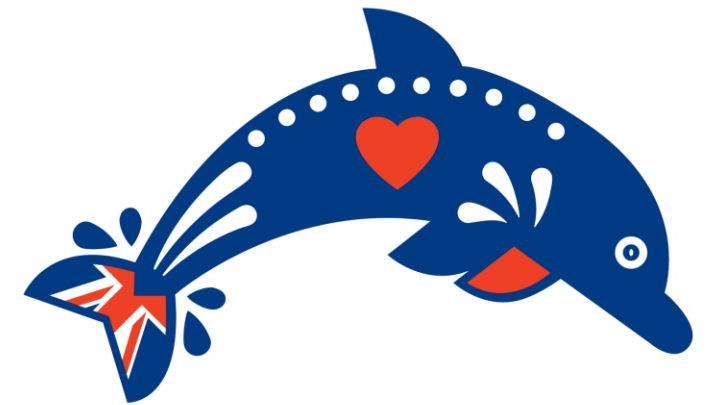
- What was your motivation to apply for MOOT?
- What are you looking to gain from your MOOT journey (for example this could be personally, professionally, contribution to your own scouting journey, local scouting etc)
- One best hope for MOOT meet up



What is personal development?



Personal development is being honest, assessing what you need to work on, and focusing on ways to better yourself. You can focus on any area of your life which you think needs improvement to help you reach your full potential. From building new skills and knowledge to developing healthy habits, personal development empowers us to lead a more fulfilling and purposeful life.





Personal Development Ideas



Any other ideas to share?

Setting Goals

S	SPECIFIC
M	MEASURABLE
A	ACHEIVABLE
R	RELEVANT
T	TIMLEY

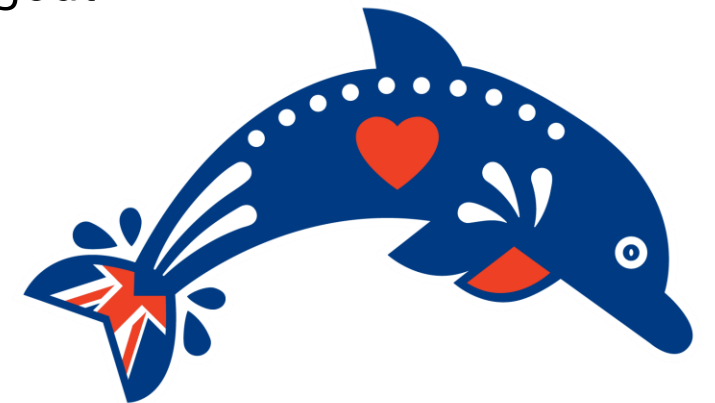
Make sure it is specific enough to help you focus

Track your progress along the way and evaluate

Set realistic goals that are challenging but attainable

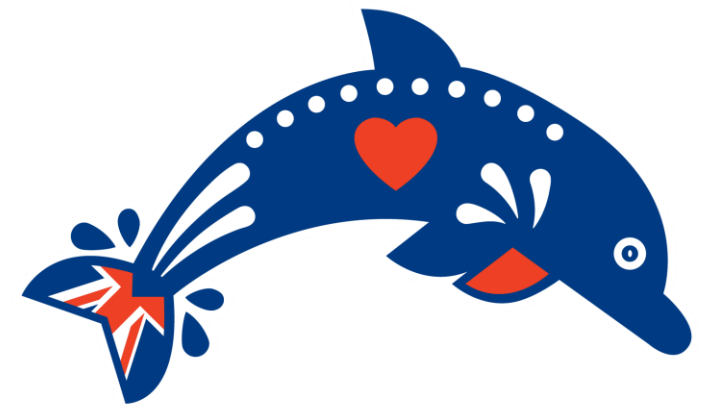
Make sure your goals are relevant to your Moot journey

Set a deadline – can you achieve your goal before the Moot?



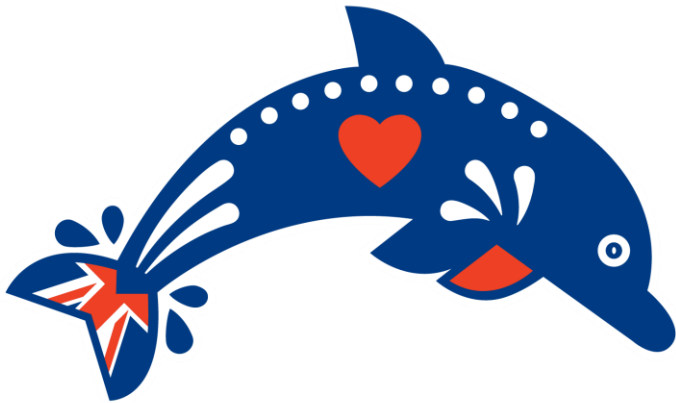
Top Awards

- Gold Duke of Edinburgh
- King's Scout Award
- Scout of the World Award



Scout of the World Award

- Scouts of the World Award (SOWA) is a Scout Network only award that gives Scout Network members the chance to undertake a project of their choice within the themes of Peace, Environment and Sustainability and take action on their chosen issue.
- Register your interest on the App!





Skills for life (and your CV too!)

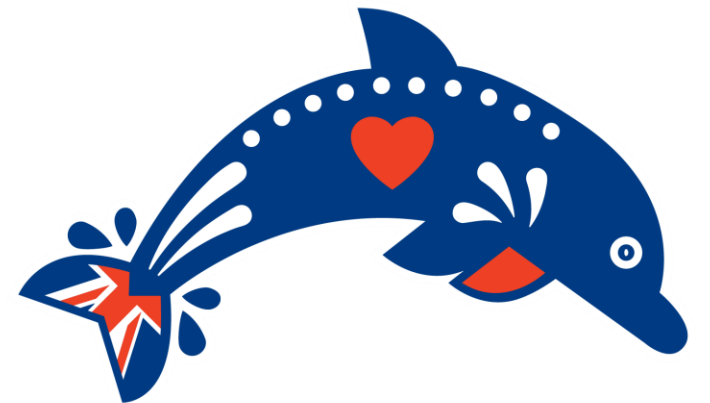
- Being a Young Leader or adult volunteer could go under 'positions of responsibility' or 'volunteering'.
- Being part of Scouts (and activities you've discovered through Scouts) could come under 'interests'
- You could include any top awards under 'achievements'.
- Think of soft skills gained in Scouting e.g resilient, leadership, creative etc

To your future self...

Write a letter, send an email or record a video to yourself to re visit after the Moot. Things to include could be:

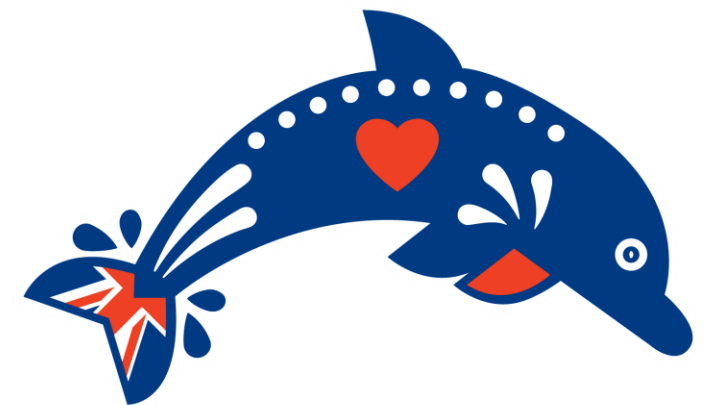
- Personal development, what things do you hope to have achieved throughout your moot journey- both scouting or personal (top awards, new job, new house?)
- What are you are looking forward to?
- What are you worried about?
- Any words of advice to your future self?

(www.futureme.org) will schedule send an email to yourself!



Shaping Your Journey – It's Down To You!

- **As an individual**
 - Set personal goals
 - Challenge yourself
 - ENGAGE
- **As part of your pod**
 - Involving yourself with events, activities, virtual social groups & fundraising
 - ENGAGE
- **As part of the contingent**
 - Join events & moot Mondays
 - Stay on top of information
 - Complete data waves in requested time frame
 - Complete surveys & feedback
 - ENGAGE



From little acorns might oaks grow



https://youtu.be/mOQ_yWcdynM?si=pPa1VXs4KoJklj4

Opportunity to share with friends 25+

We're excited to share that we've opened recruitment for a Contingent Support Team to help us make an even bigger splash at the World Scout Moot 2025.

This team of people will be supporting the ongoing work of the #MootUK Team to deliver a fantastic experience for our participants and IST in Portugal in 2025.

The closing date is Thursday 31 October at 7pm. All applicants must be aged 26 or older at the start of the Moot. Current members of UK Contingent IST are welcome to apply.



**We're making waves,
but we need your help
to make bigger ones.**

**Apply to join our
Contingent Support Team**



Thanks!



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